Form 144 Filer Information

**FORM 144** 

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

#### Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information	
Filer CIK	0001755243
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	■ LIVE   TEST
Submission Contact Information	
Name	
Phone	
E-Mail Address	
144: Issuer Information	
Name of Issuer	AMERESCO INC
SEC File Number	001-34811
Address of Issuer	111 Speen Street, Suite 410 Framingham MASSACHUSETTS 01701
Phone	5086612200
Name of Person for Whose Account the Securities are To Be Sold	MARK CHIPLOCK
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filling this notice.	
Relationship to Issuer	Officer
144: Securities Information	
Title of the Class of Securities To Be Sold	Common
Name and Address of the Broker	Morgan Stanley Smith Barney LLC Executive Financial Services 1 New York Plaza 8th Floor New York NY 10004
Number of Shares or Other Units To Be Sold	5000
Aggregate Market Value	192950.00
Number of Shares or Other Units Outstanding	34703659
Approximate Date of Sale	10/09/2025
Name the Securities Exchange	NYSE

any part of the purchase price or other consideration therefor:

144: Securities T	o Be Sold
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Title of the Class	Common
Date you Acquired	10/09/2025
Nature of Acquisition Transaction	Exercise of Stock Options
Name of Person from Whom Acquired	Issuer
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	5000
Date of Payment	10/09/2025
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	10b5-1 Sales for MARK CHIPLOCK 111 Speen Street, Suite 410 Framingham MA 01701
Title of Securities Sold	Common
Date of Sale	10/08/2025
Amount of Securities Sold	3800
Gross Proceeds	151051.90

# 144: Securities Sold During The Past 3 Months

Name and Address of Seller	10b5-1 Sales for MARK CHIPLOCK 111 Speen Street, Suite 410 Framingham MA 01701
Title of Securities Sold	Common
Date of Sale	10/07/2025
Amount of Securities Sold	5900
Gross Proceeds	233134.37

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	10b5-1 Sales for MARK CHIPLOCK 111 Speen Street, Suite 410 Framingham MA 01701
Title of Securities Sold	Common

Date of Sale	10/06/2025
Amount of Securities Sold	5900
Gross Proceeds	229628.00

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	10b5-1 Sales for MARK CHIPLOCK 111 Speen Street, Suite 410 Framingham MA 01701
Title of Securities Sold	Common
Date of Sale	10/01/2025
Amount of Securities Sold	5602
Gross Proceeds	212595.90

### 144: Securities Sold During The Past 3 Months

Name and Address of Seller	MARK CHIPLOCK 111 Speen Street, Suite 410 Framingham MA 01701
Title of Securities Sold	Common
Date of Sale	09/15/2025
Amount of Securities Sold	269
Gross Proceeds	7532.00

### 144: Remarks and Signature

Remarks	
Date of Notice	10/09/2025
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	06/05/2025

#### ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	/s/ Mark Chiplock

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)